

Helpful Checklist Before Leaving Home:

- Wear comfortable, loose fitting clothing
- Leave all jewelry (including body piercing) and valuables at home
- Bring cases for eyeglasses, contacts and dentures
- Bring insurance identification cards, driver's license, co-payments
- Bring all medications
- Bring a responsible adult with you to be at the center during your procedure
- Make sure you have a ride home and someone to care for you at home
- A favorite bottle or "sippy" cup for your child